

5 ALLYSHIP ACTIONS: A STARTER LIST

- 1 Volunteer to be an ally or sponsor an ally group.** If these groups do not exist, start one e.g. Women@Work, Parents@Work, Out@Work
- 2 Organise an education series** and invite a speaker with a diverse point of view.
- 3 Diversify your mentee base** and reach out to colleagues who are different from you and support them in their career path.
- 4 Keep an eye out for exclusionary behaviour** such as being talked over in meetings, and practice creating space for underrepresented colleagues to speak.
- 5 Champion the accomplishments** of underrepresented colleagues, in particular with more senior audiences.